

## ROCK FROG CLIMBING SERVICES

### WHAT ARE YOUR RESPONSIBILITIES DURING AN EVENT?

**All active participants in a Rock Frog Event have a responsible role to play in order that everyone has an enjoyable and, above all, safe day. Please take a few minutes to read this sheet which details what your role and responsibilities are. If you do not understand anything or have any questions, please speak to the Senior Instructor or Technical Advisor.**

#### Activity Participant

We hope that everyone will have an enjoyable and safe day / session with Rock Frog and you have an important part to play in making sure the event / session goes smoothly.

As a participant in the activity you must ensure that:

- You have read and completed a Client Information / medical / consent form. You must either return it to Rock Frog or your Group Organiser prior to the event, or bring the completed form with you on the day. Staff must be aware of any medical problems or injuries you may have prior to you taking part in the event.
- You have read the required kit list for the activity and you have all the required items with you on the day. If you have any problems getting any of the items, you should tell your Group Organiser or Rock Frog Staff before the day of the event or session.
- If, for some reason you cannot come to the event or session you must tell the Group Organiser or Rock Frog Staff in plenty of time.
- You get a good night's sleep before the event and do not arrive for the event tired or under the influence of alcohol.
- You arrive on time for the event or for transportation to the event.
- You report to Rock Frog Staff as soon as you arrive at the venue and ensure staff are given your Client Information Form.
- You remain with staff at the meeting point until all of the group arrive, at which point you will be given a safety briefing and will be issued with safety equipment for the day.
- You listen carefully to the briefing and all instruction during the day. If you have any questions, or are unsure about whether you can or cannot do something, please ask staff. If you do not follow instruction properly or do not listen to the activity briefing properly, you may not be allowed to participate.
- You do not "play around" or do anything that may endanger others in the group or spoil their enjoyment of the event.
- You respect and care for the equipment you have been issued with.
- You report to staff any incidents of others behaving irresponsibly, damaging or mistreating equipment.
- If you or someone else in the group is injured, becomes ill or distressed, you must report this to staff immediately.
- You must not drop litter or damage the venue or wildlife at the venue.
- At the end of the event / session you must return all equipment you have been issued with.
- You must not leave the venue at any point during the event without notifying staff.